

The New Mexico Dental Hygienists' Association
Super CE Saturday
March 15, 2025

8:00 am - 8:30 am Check-in; Coffee and Breakfast Snacks

8:30 am – 10:00 am

New Mexico Healthy Workplaces Act/New Mexico Paid Sick Leave 1.5 CEU

Alyssa Bess and Rose Gonzales

NM Workforce Solutions

In July of 2022, the Healthy Workplaces Act was enacted for all employees in the State of New Mexico. This Act requires all employers across the state to provide sick leave to employees regardless of the size of the business. This presentation is to inform employees and employers of their rights and obligations under the Healthy Workplaces Act.

Alyssa Bess is an investigator for the Department of Workforce Solutions. She has been with the Department for a little over 2 years but has been working for the state for 5 years. She enjoys working for the state as it gives her many opportunities to help and inform many people across the state.

Rose Gonzales is a New Mexico State Investigator with the Labor Relations Division. She has held a variety of supervisory, management, and human resources positions, as well as delivered training on a wide range of topics in each. She particularly appreciates the HR sub-function of labor relations, which involves addressing employee concerns at all levels.

10:00 am – 10:30 am Break

10:30 am – 12:00 pm

Are You Tired of Wiping? New Technology Meets Infection Control 1.5 CEU

Sponsored by MediClean and Shield (MCS)



Learn how to decrease by 75% the amount of time that you currently spend cleaning and wiping services in your dental office while assuring that your practice is as safe and clean as possible. Learn how Rapid Testing Devices receive immediate data regarding ATP, surface microbial, viral, and CFU water line count levels in your practice within minutes.

Paul Saueressig is the founder of MediClean and Shield

12:00 – 1:00 PM Lunch. General Membership Meeting and Current Issues

1:00 pm – 2:30 pm

Contemporary Dental Caries Management 1.5 CEU

Lisa Dowst-Mayo, RDH, BSDH, MHA **Sponsored by vVardis**



Contemporary preventive dentistry has undergone a paradigm shift in the identification, classification, and management of carious lesions in the last decade. Learn to select the appropriate chemotherapeutic intervention based on the patient presentation.

Lisa Dowst-Mayo graduated magna cum laude with a bachelor's degree in dental hygiene from Baylor College of Dentistry and a master's degree in healthcare administration from Ohio University. She has been a dental hygiene program director and educator for 13 years and currently serves as the North American Training & Education Specialist for vVardis. She is highly published having written courses, educational pieces, and white papers for Access, Canadian Dental Journal, Dental Economics, Dental Learning, Dimensions of Dental Hygiene, Medicom, Dental Learning, Penn Well, RDH, and StudentRDH. She is the author of the international textbook Power Instrumentation for the Dental Professional published by Jones & Bartlett released in 2023.

2:30 pm – 3:30 pm

Botox and Fillers: Aesthetic Medicine & Dentistry 1 CEU



Lindsey Lee, RDH, MS, LPN

This lecture will give an overview of how neuromodulators and dermal fillers can be successfully integrated into dental practice. We will also discuss the conditions that can be treated with neuromodulators and how to use neuromodulators as an adjunct therapy to improve patient outcomes and their quality of life.

Lindsey Lee has worked in dentistry for over 20 years in almost every facet of the profession. In addition to dental hygiene, she has worked as a dental assistant, front office manager, dental hygiene educator, and practice manager. Currently, Ms. Lee manages two dental practices and a medical aesthetics clinic while acting as their lead nurse in each facility. Ms. Lee has always had a passion for teaching as well as helping clinical dental hygienists excel in their profession.